

## The Shieling Project

Get hands on with an archaeological dig, cut peats, make a map, tell a story about times past, invent Gaelic place-names, design a bothy! And all of this for real – helping create and build the Shieling Project.

The Shieling Project is based in Glen Strathfarrar, working with schools, teachers and community to explore heritage and sustainability through the tradition of the shieling. This was a time when folk took the livestock up into the hills for the summer, making butter and cheese and staying in bothies until the autumn. This rich heritage tells us a lot about young people, their skills and resilience, relationship to the land and sense of place. Inspired by this story the Shieling Project offers experiences ranging from the very practical – building and restoring, weaving and dyeing, planting and cooking - to getting to grips with the history of the Highland landscape and the values and strategies of sustainable community.

**Your child is working with the Shieling Project over the next while, on a set of activities that fit with projects in class. Ask them more about what they are doing! On the other side of this page is the parental consent for these activities, please read it carefully, sign and return to the school.**

If you would like more information about what your child will be doing, or the project please get in touch:

[sam@theshielingproject.org](mailto:sam@theshielingproject.org)

[www.theshielingproject.org](http://www.theshielingproject.org)

[www.facebook.com/theshielingproject](https://www.facebook.com/theshielingproject)

If your child enjoyed their experience, we also offer summer camps in the holidays



## Acknowledgement of Risk

Outdoor learning which that pupil will be undertaking\_\_Outdoor Learning with the Shieling Project

Dates\_\_Thursday June 1<sup>st</sup> 2017\_\_\_\_\_

**The Shieling Project would like you to read the following carefully. It relates to the safety of your children and the safety of others. Once you have read it we would like you to sign the bottom of the form as an indication that you have read and understood it, cut it off and return it to Inverness Royal Academy. Signing this Acknowledgement of Risk in no way compromises your legal rights, nor does it release the Shieling Project from any of its obligations towards you.**

Outdoor learning comes with a risk of personal injury. We have taken all reasonable steps to provide your children with the level of care appropriate to these activities. But you should be aware that certain risks remain which are always present outdoors, and which can not be eliminated without destroying the learning and the experience. Your children may encounter rugged and rough terrain, physical effort will be required, there will be environmental risks and hazards (e.g rain and mud), there will also be the risk of slips, falls, minor cuts, midges and ticks. The Shieling Project provides clear instructions and safety advice, and it is important that your child follows these. Within these boundaries our staff have a duty of care to your child, and along with the school we will do the utmost to provide a safe and challenging learning environment.

The Shieling Project has adventure activity liability insurance, holds qualifications from the relevant National Governing Bodies, and adheres to the HSE guidelines for these activities. We have risk management and assessment, child protection, and health and safety policies. Copies of these, insurance certificates and qualifications are available on request.

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Please print the name/s of the pupil\_\_\_\_\_

- I have understood and am happy with my child undertaking outdoor learning with the Shieling Project as described in this form.
- I am happy for photographs and film to be taken (by the Shieling Project and my children) of the participants for use educationally and reporting on the progress of the project
- My children are physically fit to undertake these activities - please give details of any relevant health issues below:

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Signature of Parent or Guardian\_\_\_\_\_ Date\_\_\_\_\_